

The BARK



November 2023

Number 11

We Did It!

Eleanor Hein, Bazaar Chair

Who would have guessed that a small group of residents could pull off reviving our annual bazaar? Without written guidelines. With only our memories of past bazaars to rely on, we succeeded beyond our wildest dreams.

So, BRAVO to us all. To those residents who donated items, to those who priced and packed donations, to those who manned the tables at the bazaar, to those who welcomed visitors, and to those who helped clean up—many thanks to you all. A special thanks to administration and staff for their support in finding us storage space and helping us store all the donations. And cheers to the Tam High baseball team who carried all those boxes from the studio and stage to the auditorium. We could not have done it without all of you. Thank you so much.



Despite a three-day weekend, the Blue Angels event and a very hot Saturday afternoon, our bazaar turned out to be a winner. What does this mean financially? It means that after expenses, we made **\$9,410.56** for our community.

While the Executive Council will recommend suggestions for how the money is spent, it is also up to Redwoods residents to suggest other ways the money might be used. The bazaar illustrates that indeed, it does take a village to get things done.

Let's Show How Thankful We Are


Christine Brooks, Holiday Fund Chair

With The Redwoods' strict "no tipping policy," the only way residents can thank the staff for their service and caring all year is to contribute to the Resident Association Holiday Fund.

Sometime in early November you will find an envelope in your cubby to be used for your tax deductible "thank you" donation. Make your check out to Redwoods Resident Association or RRA and be sure to write "**Holiday Fund**" on the memo line at the bottom of the check. Drop your donation envelope into the mailbox slot marked **HOLIDAY FUND**, to the right just inside the mailroom, by **December 4**—this year's deadline.

When deciding how much to give, please remember how often throughout this past year staff members did something extra to help you. Think of the maintenance staff, those who pick up the trash and who provide the numerous services behind the scenes to keep the Redwoods functioning. And don't forget the dining room servers and kitchen staff.

As in previous years, it has been suggested that a dollar a day might be used as a giving guide. Let's try once again to match last year's total of around \$65,000!



The Redwoods' Official No Tipping Policy means that a donation to the Employee's Holiday Fund is the only way we can say "THANKS!" to the staff.

Put donations in this envelope and place the envelope in the Holiday Fund Slot in the Mail Room. Make checks payable to: Redwoods Residents Council. by December 4.

Photos from the Bazaar



Opening Day



Setting Up – Lots of Work!



Good Attendance



Welcome to the Boutique



Where are the Plants?



Choices Galore!



One Person's Treasure.....



Another Sale Brings a Smile

November Birthdays



Name	Birthday
Anthony "Admiral" Fugaro	4
Berit Carlsen	5
Judy B Daskal	5
Terry Morawitz	7
William Canada	8
Eleanor Crawford	9
Joyce May	14
Donald Bowden	15
Daniel Knott	15
Barbara Randall	15
Nancy Andreasen	17
Anita Hoffman	19
Helen Giambruni	20
Carol Saysette	20
Ellen Kohs	24
Ann Schubert	24
Carol Hanna	25
Carol Covell	26
Paula S Parlato	26
Elsa F Glines	27
Anne L: Damiens	30

Hunter's Update

Dear Residents, Families & Friends,

October can be a scary month. Even here there was a brief but significant uptick in the number of COVID cases. When you combine that with the scary Halloween decorations and costumes, it more than met most people's "scare quotient" for the month. Fortunately, we were able to provide our annual flu and COVID vaccines this month.

November is a beautiful time of year in Mill Valley. We hope you agree that being outside this month is truly special and we encourage you to take full advantage of the fine weather. We'll begin the month with an extra hour of sleep by "falling back" on November 5—giving us an extra hour to dance a little longer at the "Prom Masquerade" on November 10th.

November is also a time for gatherings of friends and family. We will do our best to help you host family and friends for a feast on the Saturday before Thanksgiving (11/18) so you can share the actual day with your loved ones. If you do, please remember that this year there is a triple threat of COVID, flu and RSV, so please use extra caution.

We all have been through a lot the last few years, and we are a stronger community as a result. We pledge to continue to do all we can to keep you engaged and safe throughout the fall and winter, but this depends on each of us doing our part. Thank you for your support.

Gratefully Yours,
J. Hunter Moore, CEO

Life Enrichment

Sarah Collins-Bride, Volunteer Coordinator

November is a month of gratitude, good food and special gatherings. The Life Enrichment Department offers an array of activities to add to all the memory-making, and we are thankful for your participation!

Below is a list of some of the fun events this month, including 'the big dance' – Prom Masquerade! Please make sure to refer to the calendars and the CLC app for the latest information.

- **Special Events, and Performing Arts:**
 - **Live Concert:** Keystone – November 2, Thursday, 7pm-8pm, Auditorium
 - **Live Concert:** Anne Pinsker (cello), Dan Banner (violinist) and Janet

- Guggenheim (piano) – November 9, Thursday, 7pm-8pm, Auditorium
- **Happy Hour:** Prom Masquerade– November 10, Friday, 7pm-9pm, Auditorium
- **Veterans Day Luncheon:** November 10, Friday, 12pm-1pm, Dining Room
- **Fall Herb Sampling and Music in the Garden:** November 16, Thursday, 3pm-4:30pm
- **Wine and Coffee Social:** November 17, Friday, 3pm-4pm Auditorium
- **Live Concert:** Bob Donahue – November 30, Thursday, 7pm-8pm, Auditorium

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Mill Valley Seniors for Peace

Nancy Miller for MVSFP

“War is Not the Answer”

For nearly a month now, we have been seeing and feeling the tragedy of the growing war between Israel and Hamas. As of Sunday, October 29th . . .

- In Israel, 1,400+ dead, 5,431 injured, and 239 hostages held by Hamas.
- In Gaza, 8,005 dead (including 2,360 children, verified by the U.N), 20,242 injured, and many thousands suffering from lack of food, water, medication, electricity and fuel.*

We start to feel helpless. While the brutality of October 7th was horrifying, we know “An eye for an eye makes the whole world blind.” (attributed to Gandhi).

What to do? The Seniors for Peace feel that from our safe, comfortable corner of the world, we have voices that can speak out and appeal to our country’s leaders and to concerned people everywhere, to support . . .

- The United Nations resolution for a “humanitarian truce,”
- Return of all hostages,
- The United Nations call for the entry of 100 trucks a day to deliver food, water and medical supplies to Gaza,
- Compliance of combatants, allies and military groups with international humanitarian law (“laws of war”),
- Provision of all necessary humanitarian services, and
- Efforts to limit the spread of the conflict.

As we go forward, the Seniors for Peace will:

- work to facilitate communication and understanding of the complex issues by looking for speakers and/or discussion leaders, and

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- **Excursions and Restaurant Drives**
 - **Excursion, Rosie the Riveter Museum:** November 7, Tuesday, 1pm Boarding Time, Richmond
 - **Chamber Music Marin:** Alexander String Quartet – November 12, Sunday, 4:30pm Boarding, San Rafael
 - **Restaurant, The Cantina Mill Valley:** November 14, Tuesday, 11:15am Boarding
- **Program Spotlights**
 - **Online Scams, Student Presentation with district attorney:** November 20, Monday, 2pm-3pm, Auditorium
 - **Roundtable, Living/Dying Project:** November 21, Tuesday, 2pm-3pm Auditorium
 - **Fall Prevention Presentation with Dominican University Occupational Therapy Students:** November 27, Monday, 5pm, Auditorium

****Events are subject to change. Please refer to the calendars on several bulletin boards around the campus or the CLC app for the latest information****



- Reach out to family, friends and the community to be part of our quest for peace. Please join us.

*Sources for statistics as listed in an AP article: Associated Press reports, Gaza Health Ministry, Israeli military, U.N. Office for the Coordination of Humanitarian Affairs, Palestinian Red Crescent.

WHAT'S HAPPENING

Library Notes

Barbara McDonald

Are you ready for the challenge? We've listed some of the banned books to be found in The Redwoods library. Several of them are in our **Classic** section and on the **BLM** or **Gay Rights** cart shelves. *The Bluest Eye*, by Toni Morrison, *The Hill We Climb*, by Amanda Gorman, *How to Be an Antiracist*, by Ibram X Kendi, *I Know Why the Caged Bird Sings*, by Maya Angelo, are all located on the library cart's **BLM** shelf.

Look in the **Classic** section next to the administration offices for: *Diary of a Young Girl*, by Anne Frank, *The Catcher in the Rye*, by J.D. Salinger, *Of Mice and Men*, and *Grapes of Wrath*, by John Steinbeck, *To Kill a Mockingbird*, by Harper Lee and *The Handmaid's Tale*, by Margaret Atwood.

Search Google Books for a more complete list, available through the Marin Bookmobile. Unfortunately, many children's books are banned from schools now, including: *A Wrinkle in Time*, by Madeleine L'Engle and *Charlotte's Webb*, by E.B.White. Specially targeted are books dealing with gender identity and frank portrayals of race.

Anyone interested in starting a Banned Books discussion group? If so, contact me!

Resident Picks from Our Library:

Joyce Crews: *King: A Life*, by Jonathan Eig. "With the detective mind of a historian, the lyrical precision of a poet, and the techniques of a master storyteller, Johnathan Eig makes Martin Luther King come alive as a complex personality.... The book is a perceptive and necessary contribution to the biography genre in King studies." Lewis Baldwin.

Ann Schubert: *John Adams*, by David McCullough—a Pulitzer Prize winner which also won Emmy and Golden Globe awards, as well as a winning series on MAX, formerly HBO.

Judy Vaughn: *Horse*, by Geraldine Brooks, considers race at the racetrack. Sounds like a winner.

Happy Thanksgiving and Indigenous People's Month!

All About Art

Barbara Rothkrug

The Redwoods resident-run art program continues apace with new classes starting in November.



On November 6 and 20 (both Mondays), an *Intergenerational Watercolor and Drawing* class will be held with Tam High School students! Also on Mondays, the *Relaxing Coloring* class continues with Sylvia Alva and Barbara Rothkrug encouraging participants to "loosen up" as they bring more color into their lives. At 11am on Tuesdays, Helene Gibbs hosts the *Visual Journaling* class where participants draw and add color to an aspect of their day taken from their journals. Then, on Thursdays at 11am, Elizabeth Merriman offers her *Patterning* session—a fun, mixed-media exercise. On Fridays at 11am, Heidi Linsmayer opens her overflowing box of goodies for an hour of *Drawing, Painting and Everything* session. Rounding out the

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week, on Sundays at 2:30pm, Annalies Atchley continues her *Collage and Craft* class. See photos below of budding artists and their creative endeavors.

Of course, you can come in and do your own thing during any of these classes or whenever the mood strikes to channel your creativity into beautiful, meaningful pieces of art.

Open 24/7, you'll find the art room in the 8/10 Lounge. Contact Helene Gibbs,



Elizabeth Merriman or Heidi Linsmayer for more information.



PLEASE NOTE

COVID is still very much an issue here so please ask all visitors to stop at the reception desk to get screened. Yes, it adds an extra step, but it will help to reduce the chance that you and your fellow residents will get COVID.

November Movies

Auditorium

Sat 7:15pm /Sun 3pm

(11/4 & 5) — **Behind the Candelabra**

The chronicle of the tempestuous six-year romance between Liberace and his young lover.

(11/11 & 12) — **In Her Name**

The story of a father seeking justice for the murder of his young daughter.

(11/18 & 19) — **Are you there God? It's Me Margaret**

When her family moves from the city to the suburbs, 11-year-old Margaret navigates new friends, feelings and the beginning of adolescence.

(11/25 & 26) — **What's Cooking?**

Four families in Los Angeles of different ethnicities gather together for Thanksgiving dinner.

* * * *

Silver Foxes Film Society

The theme of this month's films is:

Tap Dancing

Please contact Eleanor Hein (415) 380-8577 with post-2005 film suggestions.

Opera Lovers Take Note

Because of the numerous holiday programs scheduled for November and December, there will be no **Afternoon Opera** features these two months. They will resume in January

This ‘N That

❖ The Redwoods Scholarship Fund has received a total of \$1,000 from residents who have used Sylvia Alva’s alteration services over the past year or so. From the get-go, Sylvia has donated all receipts from her services to this much-appreciated annual scholarship distribution. Thank you, Sylvia!

Call her at **503-983-1855** if you have hemming, mending or other minor hand or machine alteration needs.

P.S. There are 4 remaining bibs from the Bazaar for sale at \$10 and one with a crumb catcher for \$12.

❖ The Redwoods created two safety videos in recent years that are available on The Redwoods YouTube channel: ***Safety and Emergency Procedures*** and ***Red Bag Contents***. Both address what a resident’s role is in an emergency and what you should know and have when an emergency arises. To access:

- Type in *YouTube.com* on your computer
- Select *YouTube.com*
- In the search box on top type:
The Redwoods a Community of Seniors / Emergency Procedures

Out and About

“Marin as Muse” Exhibit

Keven Bellows

“Marin as Muse,” an exhibit currently at the Mill Valley Library, pays tribute to the early work of the O’Hanlons, those in their Circle of Friends and many other artists drawn here over the years. It chronicles the history and significance of the mid-century emphasis on the arts and its strong influence on generations of painters and sculptors. The focus is on Mill Valley, Sausalito and Larkspur artists. The exhibit is open during library hours.

The O’Hanlon Art Center carries on this distinguished tradition as a “circle of friends,” and welcomes visitors to its campus in the tree-tops at 616 Throckmorton. Today it is a non-profit membership organization based on the philosophy of its founders to inspire and celebrate creativity; in all mediums from fine art to crafts, from printing to photography to poetry. Visitors are invited to become members, attend classes and enjoy frequent “Sunday Salons” throughout the year. Art competitions and exhibits are open to the public.

COMMUNITY UTILITY USE				
Utility	July 2023	July 2022	Change This Yr.	Cost This Yr.
Electricity	95,790	104,080	-8.7%	\$19,683
Gas	2,066	2,073	-0.3%	\$3,229
Water	2,075	1,086	+47.7%	\$23,663
Total monthly cost				\$46,576
Expense over last year: \$7,229				

Don’t Miss This Free Concert!

On Wednesday, November 8 at 7:30pm, plan to attend the Mill Valley Philharmonic Dress Rehearsal at the Mt. Tamalpais UMC, 410 Sycamore Ave., Mill Valley.

BUT you’ll still need a ticket. Go to the Mill Valley Philharmonic website and click on “**Tickets**” for the Wednesday performance.

Transitions

September/October 2023

New Move-Ins:

<u>Name</u>	<u>Apt.</u>	<u>Phone</u>
Joy Gordon	8103	415-525-1037
Inge Hvidsteen	13208	415-613-2779
Daniel Knott	2109	707-327-8922
Bill Malet	13207	415-888-8655
Terry Morawitz	11307	650-269-0576
Barbara Randall	4106	415-388-6975
Sonia Rubio	15206	415-690-9541
Velma Tolbert	2306	415-388-2558
Sarelyn Wager	7111	310-552-8280
Eleanor Wong	11301	925-980-7512

Moved Out:

<u>Name</u>	<u>Apt.</u>
Janet Begneaud	6104
Ora Cipolla	3302
Tenki Davis	2203
Carol Donohue	3306
Claire Hield	2306
Patricia St. Onge	4215
Barbara Selby	3109
Rosanne Strucinski	12108

Transfers:

<u>Name</u>	<u>Apt.</u>
Zoe Borkowski	3203 to 4114
Donna Day	5302 to 13210
Jack Halpern	3107 to HCC
Luci McIntyre	6109 to 6103
Peter Merkl	3108 to HCC

Deaths:

John Dineen	10204
Millie Oppenheimer	6103
Dorothy Potter	12104

Alma Gama is working on the next Residents Roster and requests that you send any Roster changes to your listing to her before **November 15**.

agama@theredwoods.org

or

Leave a note for her at the front desk.

Remember to drop off your email registration slip at the **front desk** if you want to be added to an email distribution list to receive the latest COVID updates.

The BARK

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